



Sophia Girls' College  
(Autonomous), Ajmer

Accredited A+ by NAAC

# Sophian Communiqué



VOLUME 11 • JULY 2024

## FROM THE PRINCIPAL'S DESK



*“Progress is impossible without change and those who cannot change their minds cannot change anything.”*

*- George Bernard Shaw*

Changes have forever been an inevitable part of human history. Though they are always treated with resistance, they play an important role in the growth and development of an individual, a community, and the nation as a whole. Sophia always inspires its students to be the vessels of the very change they wish to see in society. Therefore, continuous efforts are made through various curricular, co-curricular, and outreach activities to impart values such as cooperation, team spirit, discipline, sensitivity towards nature, and love for the country.

Great achievements are always preceded by numerous challenges, changes and lessons. Sophia is blessed with a dedicated team of Academic, Administrative, and Supporting Staff whose steadfast loyalty and devotion towards the institution led to the attainment of an A+ Grade (3.28 on a 4-point scale) in the year 2022-23, which was an uphill battle.

“The pursuit of knowledge (Gyaan), Wisdom (Pragyaa) and truth (Satya) was always considered in Indian thought and philosophy, as the highest human goal.” -NEP 2020

In the year 2023-24, Sophia added another gem to its glorious crown by taking up the marathon task of reframing the curriculum, the syllabi, the examination pattern, and the marking scheme in accordance with NEP 2020 and establishing itself as one of the pioneers in the state of Rajasthan to successfully implement it.

Sophia has a great heritage consecrated in its motto, 'Seek ye Wisdom'. It continues to stand tall to its ideals of fostering and nurturing conscientious, enlightened, socially responsible, and empowered citizens. The graces of the Almighty, the vision of its founders, and the hard work of its members have contributed towards the success of this institution. We have completed 65 years and aspire to achieve new milestones every day.

Let us together, continue the journey of achieving excellence in all domains, addressing social issues, stimulating the culture of research, and initiating positive changes.

May the Good Lord guide us in all our future endeavours and lead this institution towards the path charged with unlimited possibilities. Thank you and God Bless.

**Prof. Sr. Pearl**  
Principal

## VISION

‘Seek Ye Wisdom’ To work for the promotion and empowerment of women in the field of Higher Education by providing ample opportunities for their holistic development so as to enable them to make an effective contribution to the community, society, and nation.

## MISSION

Sophia Girls’ College seeks to pursue wisdom by nurturing scholastic excellence, instilling moral values, creating responsible citizens, and building global competencies.



Rt. Rev Bishop Fortunatus  
Henri Caumont  
Founder of the M.S.A



Rev. Mother Matilda  
Collaborator with the Founder

# EDITORIAL

*“Joy is the holy fire that keeps our purpose warm and our intelligence aglow.” - Helen Keller*

Sophia College has successfully showcased its mettle once more, serving not merely as a bastion of academic standards but also as a trailblazer of change and adaptability. As the college concludes its 64th academic year, we are delighted to reflect on the milieu that makes it synonymous with excellence.

Evolving from a modest elementary school established in 1919 for the education of girls from conservative families to becoming the pioneering college in Rajasthan to effectively implement the NEP 2020 program in this academic session of 2023–24, our journey towards excellence has been relentless. The recent accolades and achievements of the students in academics, sports, and cultural events like the Sophiesta Fest are a testament to the vibrant life that pulses through the campus. Furthermore, the plethora of workshops, seminars, and educational excursions sparked a new surge of intellectual curiosity amongst the Sophians. But Sophia College is not just about dexterous rigour that intends to earn a good living; it is about shaping the character and spirits of students by disseminating principles on how to live a good life. A disciplined cadre of regimes, the Good News Group, and the recent 'Joy of Giving Fortnight' community service initiative underscore the college's commitment to fostering well-rounded, virtuous individuals.

As Ralph Waldo Emerson had remarked, “To know even one life has breathed easier because you have lived. This is to have succeeded.” Indeed, we make a living by what we get, but we make a life by what we give. As the editors of *Communiqué*, we are privileged to be the first to have witnessed and covered this eleemosynary drive of joyful giving. All the articles and write-ups in this newsletter have been skilfully crafted by our team to offer a thorough overview of life at Sophia. We believe that our meticulous attention to every event and detail will cultivate a true appreciation for the dynamic atmosphere emanating from Sophia's corridors, honouring the devoted efforts of our Sophian family.

Sophia College is more than just a place of learning; it is a community that stands strong in its values and vision. As we embrace the changes and challenges of the future, let us remember the travail of our exemplary principal, Dr. Sr. Pearl, who inspires us to be the vessels of change we wish to see in society. We hope our yearbook will serve as a memoir for carrying forward this legacy of wisdom, empowerment, and service as we continue to make our mark on the world.

Sincerely,  
**The Editors**  
**Bhavyata Bhatt (BA-II)**  
**Sneha Johnson (BA-I)**

# SEMINARS/CONFERENCES/ WORKSHOPS ORGANISED

## National Seminar on Makers of Modern India

322 students of Lyceum - The Political Forum attended a National Seminar on "Makers of Modern India" on October 3rd, 2023. Keynote speakers, including Sir P. Sainath, Shri Shobharam Geharwar, and Kavita Srivastava, explored the exploitation during British colonialism and emphasised the youth's role in rediscovering Indian history. The seminar marked the conclusion of the 154th birth anniversary celebrations of Mahatma Gandhi.



## Two-Day National Workshop on Exploring Literature, Language, Culture, and the Internet

The Department of English of Sophia Girls' College (Autonomous), Ajmer organised a "Two Day National Workshop on Exploring Literature, Language, Culture and the Internet" on the 30th and 31st of January, 2024. Around 200 participants attended the Workshop. The workshop featured distinguished speakers including Dr. Urvashi Sabu, Dr. Pronema Bagchi, Dr. Nisha Bhushan Navare, and Ms. Shefali Martins who discussed innovative approaches to using digital platforms for language learning, literary appreciation, and cultural preservation. Students gained enriched perspectives and practical insights to integrate technology into language teaching and literary pursuits. Prof. Sanjay Arora, Dean, School of Humanities and Languages, Central University Rajasthan, and Dr. Veerendra Mishra, Associate Professor, Banasthali Vidyapith were the Chief Guests and the Keynote Speakers for the inaugural and valedictory sessions.



## National Seminar on Revamping the Higher Education System: An Insight into NEP 2020

The Catholic Higher Education Society (CHES), Lucknow, in collaboration with Sophia Girls' College (Autonomous), Ajmer, organised a National Seminar on "Revamping the Higher Education System: An Insight into NEP 2020" on 17th February 2024. The event aimed to explore the implications and potential transformations brought about by the National Education Policy (NEP) 2020 in India's higher education landscape. The seminar attracted a diverse group of participants, including educators, policymakers, academicians, and students from various institutions across the country.

## National Workshop on Research Methodology and Data Analysis

On the 6th of March, 2024, The Research and Development Cell in collaboration with the IQAC organised a National Workshop on Research Methodology and Data Analysis. This Workshop helped 96 students to develop an understanding about the various techniques of data analysis which helps to draw pertinent conclusions and find an appropriate answer to the research question.



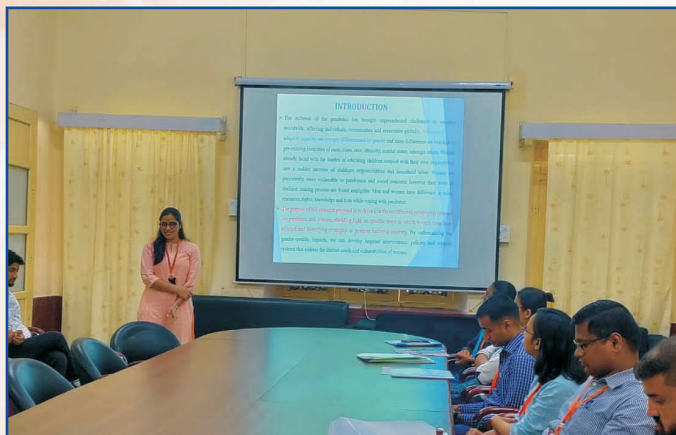
## National Seminar on Generative Artificial Intelligence Use Cases and Applications

The Department of Computer Science in collaboration with the Association for Computing Machinery (ACM) organised a National Seminar on "Generative Artificial Intelligence Use Cases and Applications" on the 19th and 20th of March, 2024. Several academicians, research scholars and professionals participated in the workshop.



## Research Seminar on Research Proposal: Design and Techniques

The Research & Development Cell of the college organised a Research Seminar on “Research Proposal: Design and Techniques” on the 22nd of July, 2023. 16 Ph.D. scholars attended it. The scholars submitted a write-up based on the review of literature done during the past six months and presented the same. The seminar provided a valuable platform for scholars to share research ideas and receive constructive feedback.



## Workshop on Robotics

An Workshop on Robotics was organised by the Computer Science Department on 28th July 2023. The resource person Mr. Jayant Khatri (Birla Institute of Technology and Science, Hyderabad Campus) shared his profound knowledge of the Interdisciplinary branch of Computer Science and Robotics for students to learn the basics of Robotics and to be motivated to broaden their outlook on the same. This subtle change in perspective had a profound impact on students' future instilling confidence in them.



## Unveiling Your Professional Persona: Mastering Interview Skills and Personal Branding

The Training and Placement Cell organised a Seminar on the 19th of August 2023, where the Resource person Dr. Terjani Goyal, Director IRM Jaipur talked about the professional skills.



## Developing Business Startup

On the occasion of World Entrepreneurship Day, the Institution's Innovation Council (IIC) organised a Plenary Session on Developing Business Startups in which around 200 students participated. The Plenary Session was taken by Mr. Rajesh Bansal, President, Laghu Udyog Bharti, Ajmer on 21st August 2023.



## Seminar on Empowering the Future Workforce: Strategies for Cultivating In-Demand IT Skills in Students

On August 24th, 2023, SILICON - IT FORUM of the Computer Science Department organised a seminar titled "Empowering the Future Workforce: Strategies for Cultivating In-Demand IT Skills". Featuring Mr. Jayant Khatri from Birla Institute of Technology and Science, Hyderabad Campus, the session focused on interdisciplinary branches like Robotics, aiming to enhance students' technological competence and career readiness.



## Intellectual Property Rights: Legal Steps to Start-ups

The Institution Innovation Cell organised a Workshop on Intellectual Property Rights: Legal Steps to Start-ups on the 1st of September, 2023 to provide students with the knowledge and tools needed to protect their innovative ideas and creations as they embark on their entrepreneurial journeys.



## Seminar on Social Work Practice

On October 6, 2023, The Department of Sociology conducted a seminar on "Social Work Practice" which featured Prof. Jagdish Jadhav, Mr. Ramesh Yadawar, and Mr. Rakesh Kaushik discussing methodologies and opportunities in social work.



## The Way to Crack NET/SET

An online Seminar on "The way to Crack NET/SET" was organised by the Department of Chemistry on the 18th of October, 2023 to guide the students regarding the impressions and pattern of the paper. This Seminar aimed to help the students clear the difficulties they face during the commencement of the paper and their doubts related to the prerequisites of the paper e.g. the eligibility criterion. This Seminar was hosted online Via Google Meet, for the students of M.Sc. Previous and M.Sc. Final and was taken by Dr. R.K. Sharma, a renowned Professor who has cracked the NET, 17 times.



## Seminar on PCOS

The Equal Opportunity Cell and Department of Psychology organised a seminar on "PCOS" on 12th October, 2023. Ms. Seema Choudhary addressed the students, where students had the opportunity to ask questions and share their thoughts. This segment fostered a supportive environment for students to express their concerns and seek advice on personal health matters. A significant highlight of the seminar was the distribution of a comprehensive questionnaire by Ms. Choudhary.



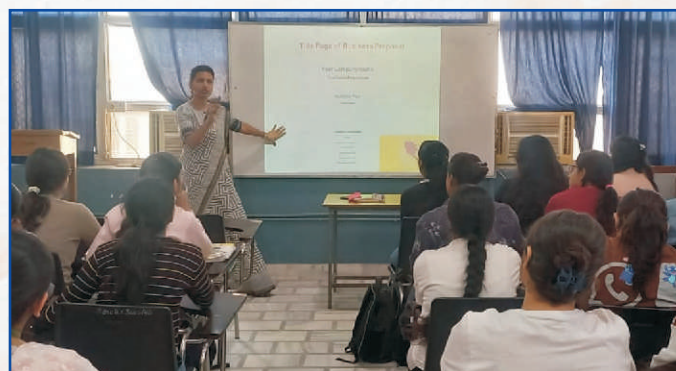
## Seminar on "Chemistry as a Career Prospective"

The Department of Chemistry, in collaboration with Edu-High – The Higher Education Cell, organised a talk on "Chemistry as a Career Prospective" on 24th of January, 2024. Dr. Alok Chaturvedi, Professor, SPCGA, addressed the sessions. The talk discussed chemistry as a versatile field that offers numerous career opportunities across various industries, with diverse responsibilities and salary prospects.



## Workshop on Business Proposal Making

On the 11th of March 2024, IIC organised a "Workshop on Business Proposal Making" which was attended by 44 students of the Cell.



# EXCHANGE PROGRAMMES/ INTERACTIVE SESSIONS/TALKS/ GUEST LECTURES/LECTURE SERIES

## Synergy 2024 International Staff and Students Exchange Program

The Internal Quality Assurance Cell of the college organised SYNERGY 2024: International Staff and Student Exchange Program from the 4th - 6th of March, 2024 where the students and staff from 10 different colleges participated. The exchange program aimed to encourage the students to embrace open-mindedness and increase the participants' understanding of other cultures and broaden their social horizons. 48 participants from various parts of India and Abroad including BITS, Dubai; St. Xavier's College, Kathmandu, Nepal; Trinity College, Jalandhar and St. Anthony's College, Shillong participated in the program.



## National Lecture Series: Literary Explorations: A Collaborative Lecture Series.

Athenaeum - The English Forum (Department of English) organised an Online National Lecture Series titled "Literary Explorations: An Online Collaborative Lecture Series" in collaboration with five MoU colleges across the country, namely, Patna Women's College (Autonomous), Patna, Bihar; St. Xavier's College, Jaipur, Rajasthan; GSSDGS Khalsa College, Patiala, Punjab and Kristu Jayanti College (Autonomous), Bengaluru respectively. The speakers discussed on various thought provoking



themes such as Carnavalesque Beginnings: Navigating the World of Upside-Down Festivals; Postcolonialism and Neocolonialism; Kitchen and the Poetics of Cooking; Artistic Narrative: Exploring the Interplay of Visual Art and Literature. Around 200 students participated from within and outside the college.

## A Talk Series on Pathway to Professional Courses

The "Pathway to Professional Courses" talk series, conducted on July 24th and 25th, 2023, was attended by 132 participants on the first day and 48 on the second. Organised by the Commerce and Management Department, the event featured speakers from ISDC UK, including Mr. Vikas Khosla, Mr. Abhishek Goyal, and Mr. Bhavesh Mathur, who provided valuable insights on pursuing professional courses and career development. The series aimed to guide students and young professionals toward successful career paths in various fields.



## An Interactive session on Benefits of Internship

An Interactive session on "Benefits of Internship" on 14th August by Anubhuti - The Psychology Forum. Ms. Shaifali Kuvera, the resource person of the session addressed the students about the importance of going for an internship and how it impacts the current knowledge of the subject Psychology.



## Guest Lecture on Consumer Awareness

Shri DT Soni delivered a guest lecture on "Consumer Awareness" hosted by Socius - the Sociology Forum covering the Consumer Protection Act, consumer courts, rights, and the importance of bills in transactions. The lecture, held on August 16, 2023, also highlighted career paths in law.



## Lecture Series: A Glimpse to Business Project with Artificial Intelligence

The students of the Economics Department participated in an interactive session on 9th September 2023. Ms. Rhythm Sogani demonstrated AI's impact on business projects through live examples. The session aimed to develop students' analytical skills and teamwork through interactive games and presentations, enhancing their creative and presentation abilities.

## A Talk on Role of Accountant in Global Scenario

A talk was hosted on the "Role of Accountant in Global Scenario" at Commerce Hall, with 102 participants by the Department of Commerce and Management on September 12th, 2023. Led by Mr. Rohan Rajvanshi, Sr. Business Relationship Manager from ACCA, and Mr. Abhishek Goyal, Regional Manager at ISDC UK, the event aimed to enhance students' understanding of global accounting dynamics through presentations, interactive discussions, and a Q&A session.



## A Session on Case Studies and its Approaches

On September 15th, 2023, the Department of Commerce and Management organised a session titled "Case Study and Its Approaches" which was attended by 107 participants. Led by Mr. Vineet Panwar, Relationship Development Manager from IMA USA, the session aimed to enhance students' understanding of case studies and their practical applications. It emphasised critical thinking, problem-solving skills, and effective communication, essential for both academic and professional development.



## Guest Lecture on Lipids, its classification and its properties

On the 11th of October 2023, a Guest Lecture was organised for the students of B. Sc. Biology on the topic 'Lipids, its classification and its properties' where the resource person was Dr. Ajay Jain – Associate Professor, Govt. Medical College, Ajmer.



## Interactive Session on Self-Exploration and Mental Well-being

On October 11th, 2023, the Department of Psychology and Home Science at Sophia Girls' College organised an interactive session on "Self-Exploration and Mental Well-being". The session, coinciding with World Mental Health Day, was led by Ms. Vartika Balani, a Psychodramatist. Ms. Balani engaged students in activities aimed at exploring their identities and discussed strategies for improving mental well-being. The session fostered introspection and provided valuable insights into maintaining mental health in today's challenging times.



## Guest Lecture on Enzymes and its properties

On the 16th of October 2023, a Guest Lecture was organised on 'Enzymes and its properties' by the Department of Biology where the resource person was Dr. Ajay Jain – Associate Professor, Govt. Medical College, Ajmer.

## Pre Placement talk by Lakshya, Relan Motors & Braintonica Ed Tech

A Pre Placement talk by Lakshya, Relan Motors & Braintonica Ed Tech was held on 11th of December 2023, which was attended by 54 students of the Cell.



## Interpretation of Projective Techniques

The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer organised a lecture on "Interpretation of Projective Techniques" on 2nd December, 2023. Ms. Resham Bhatia, the resource person of the session addressed the students about the interpretation of one of the Projective Techniques known as Thematic Apperception Test (TAT). She also helped the students in observing the various elements of the test and how to successfully interpret the personalities of the testee.



## Session on Machine Learning & Python Programming

A session on 'Machine Learning & Python Programming' was organised by Silicon: The Computer Science Forum under the Industry Academic Collaboration on 12th

December, 2023. Mr. Manish Pandey, Branch Manager, IACT Education Pvt Limited, Ajmer shared his profound knowledge on the subject.

## A Talk on Job Opportunities and Higher Study Perspectives after B.Sc. Mathematics

Kalam: The Physics Forum in collaboration with Ramanujan: The Mathematics Forum organised a talk on "Job Opportunities and Higher Study Perspectives after B.Sc. Mathematics" on the 31st of January 2024. The talk was attended by 50 students.



## Talk on Breast Cancer

On February 3rd, 2024, The Department of Home Science and the NSS (National Service Scheme) and (Red Ribbon Club), Sophia Girls' College (Autonomous), Ajmer, hosted a Talk on Breast Cancer in collaboration with Shastri Hospital. The event focused on raising awareness about breast cancer prevention and self-detection methods. An expert nutritionist highlighted the importance of a healthy lifestyle in reducing cancer risks, while practical demonstrations and interactive sessions equipped attendees with knowledge and tools for early detection and preventive care.



## Navigating Career Paths Session

On February 7th, 2024, an institutional-level session titled "Navigating Career Paths – A Guide for Graduates" was conducted by The Departments of Commerce and Management at Commerce Hall, attended by 87 participants. The session focused on providing insights and guidance to Bachelor of Commerce (B.Com) and Bachelor of Business Administration (B.B.A.) graduates regarding career options, skill development, and strategies for post-graduation success. Organised in response to students' concerns about career prospects in a competitive job market, the session aimed to equip participants with a proactive approach to career planning. Key learning outcomes included researching various industries and roles, identifying areas of interest and growth, and nurturing professional networks through networking events, alumni connections, and online platforms.



various industries emphasising the critical need for academia-industry collaboration to enhance sustainable management practices. Eminent speakers like Mr. Nixon Joseph, Mr. Ashwini Sexena, Mr. Dibyajyoti Pattanaik, and Mr. Debashish Gupta discussed technological innovations, education and skill development, corporate social responsibility, and environmental stewardship. They highlighted the role of technology in sustainability, the importance of sustainable leadership, and corporate responsibility towards society and the environment.



## Interdisciplinary Lecture on History of Gender Movements in India

The Department of Psychology organised an "Interdisciplinary Lecture on History of Gender Movements in India" on 28th February 2024. Dr. Tanmay Sharma, Assistant Professor, Department of Sociology, addressed the students about the feminist movement and also spoke about topics such as gender discrimination, women empowerment and women at workplace.



## Staff and Students Exchange Program with St. Bede's College, Shimla

The Department of Geography at Sophia Girls College organised a staff and student exchange with St Bede's College on October 19, 2023. The activities included guest lectures on geomorphology and GIS, visits to Barefoot College, and cultural exchanges. This program aimed to foster cross-cultural understanding and ignite interest in geographical studies.



## Industry-Academia Collaboration Colloquium at BSSS Institute of Advanced Studies, Bhopal

The Industry-Academia Collaboration Colloquium was held at BSSS Institute of Advanced Studies, Bhopal, on 19th January 2024, featured distinguished speakers from

# SOPHIAN ENDEAVOURS

## JULY

*“Success is not final, failure is not fatal:  
It is the courage to continue that  
counts.” – Winston Churchill*

### Three-Day Orientation Program

Three-Day Orientation Program from 12th to 14th July, 2023, was organised to welcome and familiarise new students and their parents with the college's environment and opportunities. On Day 1, an interactive session with students and their parents was held, where the college's history and achievements were highlighted. Parents were informed about the vast opportunities provided by the college, making the event both informative and engaging. The second day focused on subject orientation, where students were introduced to their respective departments. Professors outlined the curriculum, departmental activities, and opportunities for academic and research development. The program concluded on Day 3 with an introduction to various clubs and forums, encouraging students to participate in extracurricular activities, fostering a holistic learning experience. The event successfully set the tone for a promising academic year ahead.



## AUGUST

*“Believe you can and you're halfway  
there.” - Theodore Roosevelt*

### Fun Learning Activity - Hybridization Gamified

A Fun Learning Activity “Hybridization Gamified” was organised on the 10th of August, 2023 by the Department of Chemistry. The activity aimed to enhance the imaginative and innovative aptitude of the students and explore the geometries of molecules in a three-dimensional arrangement. A total of 39 students

participated in it from B.Sc. Part-I. The students made various types of hybridization-oriented shapes with the help of air balloons, creatively and innovatively.



### Letter Writing Competition

Letter Writing Competition on the topic ‘Letter to Mother India’ on the occasion of Independence Day was organised by Athenaeum - The English Forum on 14th August, 2024 & by Gyanoday-The Hindi Forum on the topic "Likh du chithiya meri maye (ma) ko" on 12th August, 2024 in which 36 students took part. The competition aimed to revive the lost art of letter writing, emphasising its emotional and historical value.

### Digital Poster Making Competition

On the 12th of August, 2023, 36 students of the Forum participated in the Digital Poster Making Competition organised by Arthniti: The Economics Forum.



### Dramatics Workshop

Spectrum: The Dramatic Club organised a Dramatics Workshop from the 12th to 14th August, 2023. Mr. Abhishek Mudgal, State Sangeet Natak Academy Awardee conducted the sessions.



### Regional Dress Competition

On the eve of Independence Day, Athenaeum -The English Forum organised a Regional Dress Competition for the students.

## Movie Screening 'Gadar 2'

A special Independence Day screening of 'Gadar 2', was organised by the Commerce and Management Departments, drew 145 participants on August 16th, 2023. The film's powerful portrayal of patriotism stirred emotions of national pride and freedom, fostering meaningful reflections among attendees on India's historical narrative and values of unity and patriotism.



## Movie Screening: IB 71

165 undergraduate and postgraduate students of the Department of Geography, attended the screening of "IB 71" on August 16th, 2023. The film depicted India's intelligence agencies' role in the 1971 Indo-Pak war, fostering patriotism and admiration for national security efforts.



## Author Meet: 'Female Subjectivity in Narrating the Body'

On the 19th of August 2023, an Author Meet featuring Dr. Rimika Singhvi and Dr. Gunja Patni, authors of 'Female Subjectivity in Narrating the Body: Selected Works of Contemporary Indian Women Writers.' was organised by Athenaem - The English Forum where the students interacted with the authors, discussed concepts in the book, and asked questions about literature.



## Photo Walk

The Photo Walk was organised by Pixel - The Photography Club on the 19th of August, 2024 on the occasion of World Photography Day from Naya Bazar to Baradari in Ajmer.

The event aimed to provide exposure and practical orientation about Street Photography.



## Celebrating Chandrayaan-III Launch

The Department of Geography in collaboration with Rajasthan Patrika, celebrated the successful launch of Chandrayaan-III on the August of 23rd, 2023. The event saw 174 participants capturing campus photos, celebrating ISRO's mission success. It underscored India's advancements in lunar exploration, fostering innovation and teamwork among students.

## Alumni Meet

An Alumni Meet was organised for the Batch of 1998, on the 19th of August 2023. The event was a nostalgic journey for them as the students performed for them depicting the long lost times of the college days. The alumni were also requested to come forward and express their feelings and changes witnessed by them. This was followed by some exciting games. It was a wonderful opportunity for the alumni to reconnect, reminisce and relive their college days. The college is grateful for the contribution provided by the dear alumni for scholarships of the students.



## Encouraging Education

On the 25th of August 2023 the Institution took a step forward in promoting education for all by observing the inauguration of Indira Gandhi National Open University (IGNOU) - Regular study centre. The college has proposed over 10 programs ranging from masters and bachelor's to diplomas and certificates in various fields.



## Analytical Techniques

An activity on "PowerPoint Presentation on Analytical Techniques" was conducted on the 26th of August, 2023 by the Department of Chemistry. It enhanced their presentation skills and innovative aptitude of students and enriched their knowledge of the applicative analytical techniques. A total of 16 post-graduate students participated in it and showcased their Teaching Skills with the help of various presentations.

## Youth Parliament

Lyceum - The Political Science Forum and the Ministry of Parliamentary Affairs organised a Youth Parliament. The event included simulated parliamentary sessions where students delved into legislative processes, honing public speaking, critical thinking, and leadership abilities on 29th August 2023. This transformative platform helped students gain a deeper understanding of democracy's workings and their civic responsibilities, empowering them to become informed, proactive leaders.



## SEPTEMBER

*"Education is the most powerful weapon which you can use to change the world." - Nelson Mandela*

## Industrial Visit to GRTM Industries Private Limited

Catalyst-The Chemistry Forum organised an Industrial Visit to GRTM Industries, for the students of classes B.Sc. and M.Sc., where they had the opportunity to dive deep into the world of industrial processes, witnessing firsthand how the teams craft quality products are manufactured and packaged. 91 students participated in the activity held on the 9th of September, 2023 at GRTM Industries Private Limited, Nasirabad.



## Slogan Competition by Gyanodaya Forum

The Gyanodaya Forum organised a Slogan Competition on the topic "Hindi Se Hai Hindustan" for all students on September 14, 2023. This competition aimed to instill in the youth an appreciation for the Hindi language and highlight its future significance. This competition promoted linguistic pride and provided a platform for students to showcase their creativity and passion for Hindi.



## OCTOBER

*"The beautiful thing about learning is that nobody can take it away from you."*

*- B.B. King*

### Inter-School Quiz on Gandhi Jayanti

On 2nd October 2023, 52 students from the Department of Political Science participated in an Inter-School Quiz on Gandhi Jayanti at Sophia Girls' College. The culmination of a ten-day Gandhi Mahotsav, featured participants from 13 schools. Students showcased their knowledge of Gandhi's life and teachings, celebrating his principles of peace and harmony through spirited competition.



### Wildlife Week

On the 5th and 6th October, 2023, Wildlife Week was celebrated in which various competitions like stone painting, sparrow house making, and quiz on wildlife were conducted by the Department of Zoology in which a total of 281 students participated.



### Descartes: The French Club

Descartes: The French Club organised a Letter Writing Competition on the topic "Letter to your Favourite Philosopher" on the 9th of October, 2023.

### Short Video Making Competition

Orchid: The Botany Forum organised "A Short Video Making Competition" on 11th October 2023 in which 62 students participated.



### Visit to Minu Manovikas Mandir

On 13th of October 2023, the students of Home Science visited the School of Inclusive Education at RMKM Chachiyawas and organised various activities for preschool children. The students gained valuable insights into inclusive teaching methods. They collected and distributed the useful material to the needy students there in-order to support the institution's educational efforts while enhancing their own learning experience.



### Blood Donation Drive

On 14th October 2023, 28 members of the Good News Group, in collaboration with NSS, participated in a blood donation drive at JLN Hospital, Ajmer, to support thalassemia patients. The event aimed to provide essential blood donations while fostering responsibility, harmony, and altruism among students. Highlighting the irreplaceable value of human blood, the drive encouraged noble and selfless acts. Students and staff received certificates of appreciation for their contributions, which instilled a spirit of generosity and national responsibility, motivating them to engage in social work.



## DECEMBER

*"December, being the last month of the year, cannot help but make us think of what is to come." - Fennel Hudson*

### Advent Wreath Prayer

On the 9th of December, 2023, the Good News Group organised an Advent Wreath Prayer in the College Chapel in which 60 students participated.



### Picasso : The Art Club

On the 11th of December, 2023, Picasso: The Art Club organised a Talent Hunt for ICCC Organised by MDSU, Ajmer in which 15 students participated in various activities like On the Spot Painting, Poster Making Competition, Clay Modelling, etc.



### Visit to Anasagar Sewage Treatment

On December 21, 2023, 57 students explored the Anasagar sewage treatment plant, gaining insights into water treatment processes and environmental conservation. This visit was organised by the Department of Geography, it enriched their understanding of sewage treatment phases and scientific processes involved.

## JANUARY

*"Your education is a dress rehearsal for a life that is yours to lead." - Nora Ephron*

### Advent Closing

The Good News Group organised an Advent Closing event on 12th January 2024 at the College Auditorium, which was attended by 60 participants. The event began with an action song, followed by praise and worship led by Sr. Swapana. A short introduction ensued, leading to the revelation of secret Advent Friends, starting with Principal Prof. Sr. Pearl. Participants exchanged small tokens of love, and the event concluded with refreshments. The Advent Season reflects on preparing our hearts and homes for Christ's birth, encouraging faith communities and families to remember the true meaning of Jesus' birth through prayer, reflections, special music, and good deeds. It was a special time to express gratitude for all the blessings received.



### Short Play Competition

On the 13th of January 2024, Khanqah: The History Forum organised a short play competition on Women Issues in Indian History.



## Educational Trip to Udaipur, Kumbhalgarh and Nathdwara

An Educational Trip to Udaipur, Kumbhalgarh and Nathdwara was organised by Athenaeum: The English Literary Forum from 18th to 20th January 2024, 51 students participated and benefitted from the educational trip.



## Extempore Competition

On the 18th of January 2024, Speakers Forum organised an Extempore competition in which 10 students participated.



## Medical Camp

The Department of Home Science and NSS unit, in collaboration with Shastri Hospital, Ajmer, organised a Medical Camp on January 19th, 2024, at the College Indoor Stadium. Thirty students participated in the camp, which offered health screenings such as blood pressure checks, blood sugar tests, and BMI assessments. The camp aimed to promote health awareness and early detection of health issues among students and faculty, emphasising holistic well-being and community health.



## Women Safety in Ajmer City

On the 23rd of January, 2024, the Women Development Cell in collaboration with Personality Development Cell and Equal Opportunity Cell organised a Panel Discussion on Women Safety in Ajmer City in which a total of 71 students took part. A women's safety app named 'Safeti Pin' for females of Ajmer city was introduced.



## Annual English Debate

The Annual English Debate was organised on the 27th of January, 2024 by Athenaeum - The English Forum. The students debated on the topic, "India will become a Super Power by 2047". Twenty participants engaged in an organised argument discussing a topic from two opposing sides. This event helped students develop communication skills, critical thinking skills, and effective tools for research, organisation, and presentation.

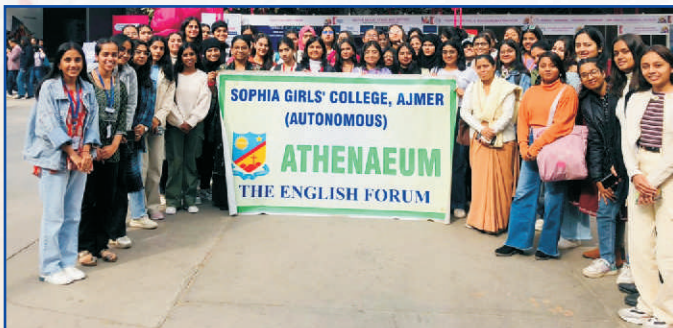


## FEBRUARY

*"An investment in knowledge pays the best interest." - Benjamin Franklin*

### The Jaipur Literature Festival

The Jaipur Literature Festival (JLF), is an annual literary festival that takes place in the city of Jaipur. On the 3rd of February, 2024, 53 students of Athenaeum: The English Literary Forum visited the Jaipur Literature Festival and interacted with the famous authors. Through this visit, the students were able to explore the ideas and themes of different authors and playwrights. They got the opportunity to acquaint themselves with many artists from all over the world.



### Live Screening of the Rajasthan Budget

Arthniti: The Economic Forum conducted a LIVE Screening of Rajasthan Budget 2024 on the 5th of February, 2024. The screening was followed by a short discussion and analysis session in which a total of 52 students took part.



### College Trip: Jim Corbett and Nainital

The College organised a trip to Jim Corbett National Park and Nainital from the 29th of February to the 2nd of March, 2024. The trip aimed to provide the students with firsthand experience of the rich biodiversity and culture and helped build a camaraderie between the students and faculty.



## MARCH

*"Spring is nature's way of saying, 'Let's party!'" - Robin Williams*

### Role Play on Theories and Concepts of Economics

The Department of Economics organised a Role Play activity on 4th March 2024 at Sophia Girls' College, Ajmer. Twenty-five students depicted economic theories and concepts through role play, which helped them familiarise with economic terminologies while enhancing their creativity and teamwork.



### Face Painting Competition

On the 4th of March 2024, Picasso - The Art Club organised a face painting competition on the theme "The 4Rs: Reduce, Reuse, Recycle, Recover". To make students aware about the importance of sustainability. Students from 7 different colleges participated and showcased their artistic calibre.

### Women Entrepreneurship Fair

On the 6th of March, 2024, the Institutional Innovation Cell (IIC) organised a Women Entrepreneurship Fair to promote and empower women in entrepreneurship. Around 39 stalls were put up by the young entrepreneurs.



# CULTURAL ACTIVITIES

## Hunar - A Talent Hunt

It is truly believed that every person is born with a talent. Hunar - A Talent Hunt Competition is organised every year at Sophia Girls' College (Autonomous), Ajmer to unleash the hidden talents of students. In the session 2023-24, the Cultural Committee of the college organised the Talent Hunt Competition on the 15th of July 2023 under Literary, Theatre, and Fine Art events. A total of 153 students participated in this and showcased their talents.

## Independence Day

On the 15th of August, 2023, the Independence Day was celebrated with great zeal, enthusiasm and patriotic fervour along with the staff and students. The programme commenced with the hoisting of the National Flag by the Principal, Prof. Sr. Pearl. This was followed by a musical rendition by the college choir who sang patriotic songs that awakened everyone's feelings towards their motherland. In addition to this, a few self-composed patriotic poems were recited and NUKKAD NATAK on Women Empowerment was dramatised. Shri D. T Soni, President, Consumer forum Gandhinagar (Gujarat) was the chief guest.



## The Initiation Ceremony

The Initiation Ceremony was held on the 21st of August, 2023. Deputy Head Girls and Class Representatives were elected to hold their assigned duties towards the College and for student welfare. They took the solemn oath to abide by the responsibilities entrusted to them.



## Teachers' Day Celebration

On the 5th of September, 2023, Teachers' Day was celebrated at Sophia Girls' College, Ajmer. The event began with a prayer service organised by the Good News Group. Following this, students performed graceful dances that left the audience speechless. Additionally, a dance drama depicting the vital role of teachers in shaping responsible and good citizens was presented. The students showcased their love and appreciation by making beautiful cards, and teachers were given tokens of love. The celebration was a heartfelt tribute to the dedication and contributions of the teachers.



## Management Day Celebration

Management Day was celebrated on the 13th of September, 2023, with great zeal and enthusiasm. The event began with the warm greeting and welcome of the Management Committee members, the Mission Sisters of Ajmer, by teachers and students. The program commenced with a prayer service conducted by the Good News Group. As tokens of love and appreciation, the Sisters were presented with saplings and cards from the students and teachers. A skit highlighting the challenges and conflicts faced by religious individuals in their daily lives was performed by the students, followed by captivating dance performances. Additionally, games were organised for the Sisters, where they won attractive prizes. The celebration was a heartfelt acknowledgment of the contributions and dedication of the Management Committee.



## Dandiya Night Celebration

On the 19th of October, 2023, Sophia Girls' College organised a vibrant Dandiya Night for students. The event featured enthusiastic dance performances, with participants dressed in colourful traditional attire. The celebration was made even more special with the participation of grandmothers and relatives, adding a familial touch to the festivities. Prizes were distributed to the best dancers, highlighting the spirit of competition and joy. The night was a memorable blend of culture, fun, and community bonding.



## ICCC – Inter Collegiate Cultural Competition

On January 23rd and 24th, 2024, 35 students from Sophia Girls' College participated in the Inter-Collegiate Cultural Competition (ICCC) organised by Maharshi Dayanand Saraswati University, Ajmer. The college secured the overall First Position in the event. The students showcased their talents in various categories, including debate, dance, basketball, singing, painting, mimicry, one-act play, quiz, skit, mime, clay modelling, and rangoli. The debate team impressed with articulate arguments, while the dance group captivated the audience with energetic performances. The basketball team displayed remarkable teamwork, and the singers and painters received accolades for their creativity. The quiz and skit teams, along with mime and one-act play performances, highlighted the students' versatility. The clay modelling and rangoli entries showcased artistic finesse. This achievement reflects the dedication and talent of Sophia Girls' College students.

## 37th Inter - University West Zone

Nineteen students from Sophia Girls' College participated in the 37th Inter-University North-West Zone Youth Festival, hosted by Maharshi Dayanand University, Rohtak, Haryana, from February 9 to 13, 2024. The event showcased the talents and competitive spirit of the students, highlighting their dedication and excellence.



## Vivacity 2023-24

28 Students of the college participated in Vivacity 2023-2024, a Cultural Competition organised by LNMIIT, Jaipur from 9th to 11th February, 2024.



The 13 students of the fashion show secured first position and were awarded an amount of Rs 70,000 cash prize for the same.

Yashvi Sharma of BCA- I secured third position in Classical Solo Dance.

## Zest – St. Xavier’s College, Jaipur

11 students participated in ZEST, organised by St. Xavier’s College Jaipur, 10 Students secured second position in the Fashion Show event, 7 students secured second position in Group Dance, 1 Student secured a position in the Street Battle Competition, College also received the Maximum Participation trophy for the event.

## Nazakat 23-24

On the 24th of February 2024, Nazakat: The Fashion Show was organised at Sophia Girls’ College Autonomous, Ajmer. The event had multiple rounds namely, Bridal Bliss, Airport Couture, Bollywood Vibes, Mix and Match Mania, Boho Beat, and Red Carpet Radiance. Principal Prof. Sr. Pearl expressed her heartfelt gratitude towards the sponsors for their heartwarming contributions for the eclectic event.



## Annual Hindi Play: Dulaari Bai

On the 2nd of March 2024, Spectrum – The Dramatic Club of Sophia Girls’ College, Ajmer, staged a production of the play “Dulaari Bai” originally written by Mani Madhukar and directed by Ms. Diya Gautam, an MA English Final student. The event took place in Fortunatus – the Indoor Stadium.



## Annual English Play: The Sound of Music

On the 9th of March 2024, Spectrum – The Dramatics Club of Sophia Girls’ College, Ajmer, staged a production of the musical play “The Sound of Music” originally written by Ernest Lehman and directed by Ms Ananya Vyas of BA Eng Hons III. The play comprised the highest number of cast members in the history of the college. The event took place in Fortunatus – the Indoor Stadium.



# FESTS

## Sophiesta 2023-24

The Annual Cultural Fest, Sophiesta 2023-24, was held on January 27, 2024, at Sophia Girls' College, with over 850 students participating in various events. These included On The Spot Painting, Dance, Singing, Mimicry, and engaging debates in both English and Hindi. The debate topic, "India's Potential as a Superpower by 2047," saw participants presenting compelling arguments both for and against the motion. The event was enriched with insightful perspectives, showcasing the students' talents and fostering a spirit of intellectual and artistic engagement.



## Nutrition Fest

Aashiyaan: The Home Science Forum at Sophia Girls' College (Autonomous), Ajmer, organised a two-day event titled "Nutrition Fest" on September 11th and 12th, 2023, at the College Indoor Stadium. On the first day, the highlight was a "Millets based Recipe Making Competition" where groups of 3-5 participants showcased nutritious recipes, impressing attendees with their culinary skills and nutritional knowledge. The event aimed to promote awareness about healthy eating habits among students. The second day featured a team from the CMHO office, Ajmer, demonstrating various home testing procedures for food adulteration, educating students on identifying and preventing food adulteration practices.



## Anubhuti- The Psycho-Fest

The Department of Psychology of Sophia Girls' College (Autonomous), Ajmer on the occasion of World Mental Health Day organised "Anubhuti- The Psycho-Fest " on 10th October in the Indoor Stadium. The students created various stalls which included environment therapy, art therapy, dance, music, indigenous games, etc. in order to increase awareness about 'Mental Health'



## Pegasus Literary Fest

On the 21st of December, 2023, the Department of English organised Pegasus: The Literary Fest at Fortunatus Indoor Stadium. The fest featured competitions such as "Deck the Pages," "Tiny Tales," "Wish upon a Star," "Jingle Bell Baking Bonanza," "Season's Narratives," "Frosty Frames and Fables," "Winter Masquerade Costume," and "Winter Words Unleashed." The students widened their knowledge, enhanced their creativity, and improved their writing skills. Around 141 participants benefitted from the literary celebration.



# TEACHERS' ACHIEVEMENTS



**Prof. Sr. Pearl** received an award from Rotary Club, Ajmer and Dubey Foundation



**Prof. Monika Kannan** selected as an Assessor & Peer Team Member of NAAC



**Dr. Satish Kumar** (Ph.D. in Library and Information Science)



**Dr. Ruchi Mathur** (Ph.D. in Science)



**Dr. Shahina Sherani** (Ph.D. in Physical Education)



**Dr. Shivani Indora** (Ph.D. in Mathematics)



**Dr. Kumud Khatri** (Ph.D. in Economics)



**Dr. Shweta Sharma** (Ph.D. in Science)



Book publication by **Dr. Fehmeena Bakht** - "The Phenomenon of Personality"

# STUDENTS' ACHIEVEMENTS



**Aditi Pankaj** (NET- English)



**Renu Gurjar** (NET- English)



**Shivangi Singh Detha** (NET- History)



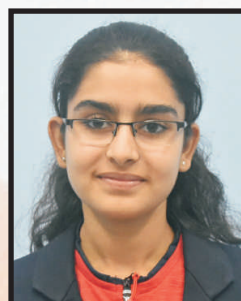
**Ananya Tak** (Recipient of International Award in Arts- ICS)



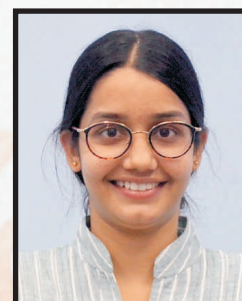
**Sameeksha Rao** (NET- Political Science)



**Ayushi Nimawat** (NET- Political Science)



**Srishti Sawlani** (NET- Political Science)



**Phalguni Sharma** (NET- Political Science)



**Humera Bano** (NET- Political Science)

## Joy of Giving: Social Responsibility Initiative

‘A Christmas with a Difference - The Joy of Giving Fortnight’

The staff and the students of Sophia Girls’ College (Autonomous), Ajmer, celebrated “Joy of Giving Fortnight” from the 9th of December to the 23rd of December, 2023 as part of their Institutional Social Responsibility Initiative. The students were encouraged to be sympathetic & empathetic towards the less fortunate brothers & sisters. Over a thousand students and sixty teachers participated in the “Joy of Giving” drive.

Different Departments of the College visited various old-age homes, orphanages, destitute homes, inclusive schools, transgender communities, slum areas, jails, AIDS hospices, and juvenile centres. Some of the organisations that were visited during the drive are:- Jai Ambe Seva Samiti, Badhir Vidhyalaya, Minu Manovikas Vidhyalaya (Chachiyawas), Dayanand Bal Niketan, Asha Bhawan, Laadli Ghar, Mother Teresa's Home (Ajmer), Gagwana Panchayat Samiti, Kanakheri AIDS Centre, Central Jail (Ajmer), Mother Teresa Ashram (Jodhpur), Government School for the Visually Challenged, Shubdha, Sahil- Old Age Home and Mahila Sadan, Pushkar, Ajmer on 15th December 2023.

The students organised donation drives for the less fortunate members of our community and spent quality time with them. Various activities like singing, dancing, and interactive sessions were conducted, fostering inclusivity and community spirit among participants.

The students shared in the assembly how these visits helped them to acknowledge their privileged status and realise their duty as young citizens of our country.



## TRAINING & PLACEMENT ACTIVITIES

### Crafting a Winning Resume: Strategies for Standing Out in the Job Market

A Seminar on Crafting a Winning Resume: Strategies for Standing Out in the Job Market was organised by the Training and Placement Cell on 12th of August, 2023. The resource person of the seminar was Dr. Shweta Jain, Dean IBS Jaipur and was attended by 152 students.



### Effective Dialogue: Mastering the Art of Group Discussions

On the 14th of August 2023, 109 students of the Training and Placement Cell attended a Seminar on Effective Dialogue: Mastering the Art of Group Discussions conducted by Dr. Smriti Tiwari Corporate Trainer Biyani College Jaipur.

### Unveiling Your Professional Persona: Mastering Interview Skills and Personal Branding

A Seminar on Unveiling Your Professional Persona: Mastering Interview Skills and Personal Branding was conducted by The Training and Placement Cell for the students of the cell on 19th of August. The Resource person of the seminar was Dr. Terjani Goyal, Director IRM Jaipur which was attended by 94 students.



# Placements 2023-24



**Asmita Sharma**  
BBA



**Charul Kakkar**  
BBA



**Kashish Jain**  
BBA



**Khushi Tandon**  
B.Com Hons



**Minisha Sharma**  
BBA



**Shekh Alisha**  
BBA



**Shivangi Mudgal**  
BBA



**Simran Sewani**  
BBA



**Smridhi Parashar**  
B.Com



**Tanisha Udawat**  
B.Com



**Varsha Rajawat**  
B.Com Hons



**Vinita Lakhani**  
BBA



**Archa P Bansal**  
B.A. Eng. Hons.



**Lipsa Khemnani**  
B.A.



**Shaurya Mathur**  
B.A. Eco. Hons.



**Trapti Morwal**  
M.Sc. Chemistry



**Tanu Jaswani**  
I.M.Sc. (CS)



**Neha Kanwar**  
BCA



**Muskaan Chaurasia**  
I.M.Sc. (CS)



**Akansha Sharma**  
BCA



**Anjali Manwani**  
BCA



**Pallavi Ranawat**  
B.A. Eco Hons VCA



**Harshita Goyal**  
BBA



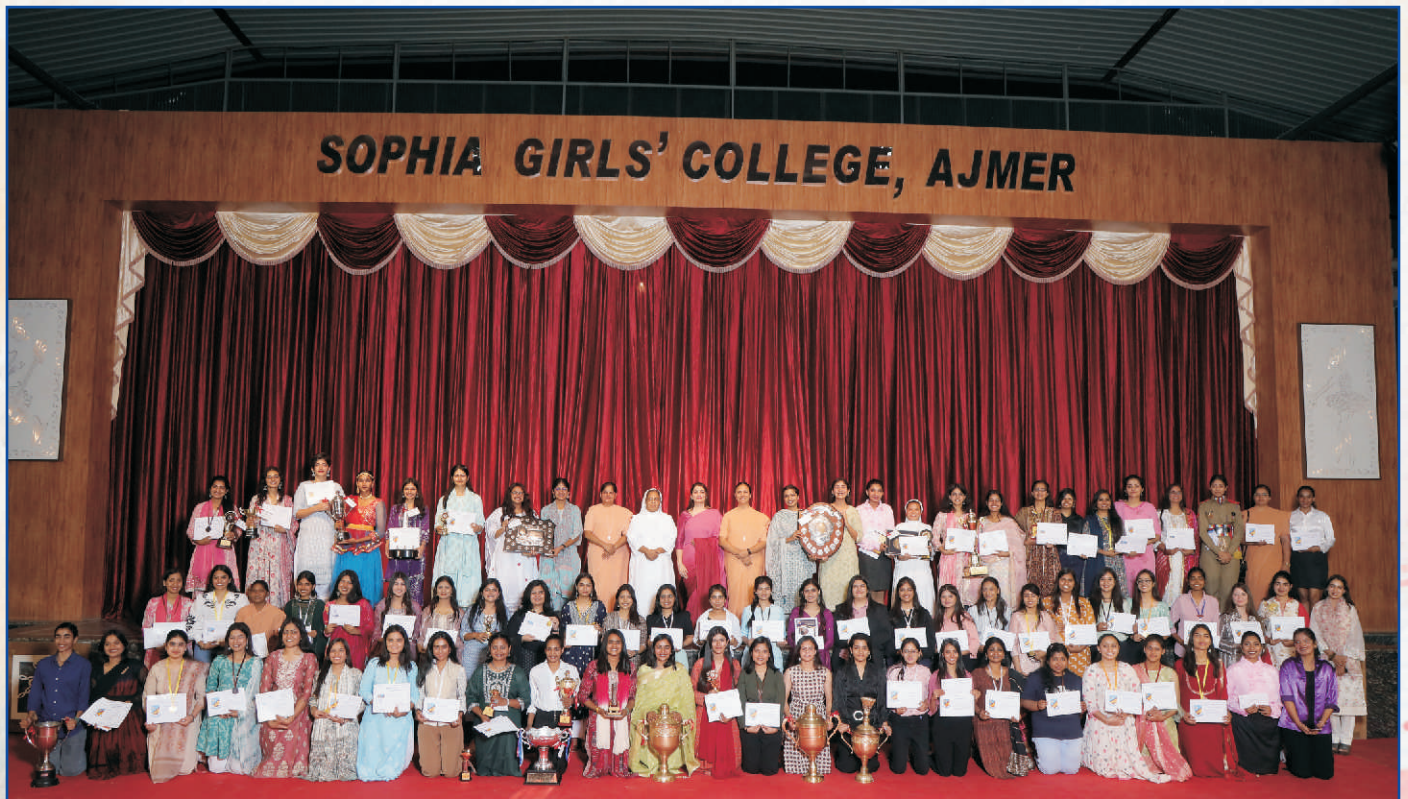
**Soniya Saju**  
BBA



**Tamanna Bhati**  
B.Com

# ANNUAL FUNCTION

The Annual Function was organised on the 23rd of March 2024. The program started with a prayer ceremony and a dance performed by the students to welcome the chief guest, Mrs. Swati Sharma, Commandant, Rajasthan Home Guard Services, Jaipur Ex. Captain, Indian Army and eminent alumna of the College. The Annual Report was read out by the Principal, Prof. Sr. Pearl, enlisting all the yearly activities conducted by the college, followed by commemorating and awarding scholarships to deserving students. The prize-giving event was followed by an insightful dance drama performed by the students, revolving around the theme of "Identifying yourself: Finding Light Out of the Darkness." The prestigious Mother Matilda Trophy was shared by Supra Pareek (BA III) and Ananya Vyas (BA English Hons.III), Mother Jovita Shield was shared by Soniya Saju (BBA-III) and Sister Melania (BA Eng Hons III)



# GAMES AND SPORTS

The college participated in the 36th Inter Collegiate Tournaments in Kho Kho, Volleyball, Basketball, Kabaddi, Hockey, Handball (Men and Women), Badminton and Shooting (Men and Women) from the month of October till January.

## ACHIEVEMENTS IN SPORTS FOR THE SESSION 2023 - 24:

The college celebrated the National Sports Day on the 29th of August, 2023.

It successfully organized the 2nd Mother Matilda Basketball Championship from the 27th – 29th of August, 2023 and 170 players participated in the same.

25 players of the college represented the MDS University in All India/ West Zone Inter University Tournaments in various sports.

The Annual Athletic Meet 2023-24 was organized on the 7th of March, 2023. 450 students participated in this Meet in various events like 100m, 200 m, 400 m, 800 m., 4\*100 m, Shot Put, Disc Throw and Intramural events namely Basketball, Cricket, Volleyball, Throw Ball and Badminton

### The college was declared WINNER in:

- Intercollegiate Basketball Tournament
- Intercollegiate Chess Tournament.
- Intercollegiate Badminton Tournament.
- Intercollegiate Tennis Tournament for the third consecutive year.

### Gold Medals in -

- Intercollegiate Boxing championship.
- Intercollegiate Taekwondo championship.
- Intercollegiate Athletics championship.



### Silver Medals in -

- Intercollegiate Boxing championship.
- Intercollegiate Taekwondo championship.
- Intercollegiate Athletics championship.

### Bronze Medals in -

- Intercollegiate Boxing championship.
- Intercollegiate Taekwondo championship.
- Intercollegiate Athletics championship.

### STATE CHAMPIONSHIP

Kritika Sharma from B.A II and V. Vandhana Joytika from B.C.A. II participated in the State Level Yoga Championship.

### NATIONAL CHAMPIONSHIP

Rajshree Maniya Rathore from B.A. III and Daulat Shaktawat English Hons. II participated in the National Level Shooting Championship.

### OUR SPORTS STARS:

#### South - West Zone Inter University Athletics -

Milli Sharma (B.A. Part III)

#### West Zone Inter University Basketball -

Ananya Vyas (B.A. Hons. Part III)

Priyanka Rawat (B.A. Part III)

Mahima Motwani (B.A. Part III)

Sakshi Singh (B.A. Part II)

Anjali Jangid (B.A. Part II)

#### West Zone Inter University Handball

Rimjhim Joshi (B.A. Part II)

Milli Sharma (B.A. Part III)

#### West Zone Inter University Badminton

Smridhi Parashar (B. Com Part III)

Krati Sharma (B. Com Part II)





**West Zone Inter University Kho- Kho**

Disha (B.A. Part III)

Bharti Samaria (B.A. Part II)

**West Zone Inter University Chess**

Syeda Nuzath Naseera Chishty (B. Sc. Bio. Part III)

**West Zone Inter University Tennis**

Safiya Khan (M.A. Political Science) Final

Sahiba Jahan Sheikh (B.A. Part II)

**West Zone Inter University Hockey**

Mansi Rathore (B.A. Eng. Hons. Part III)

**West Zone Inter University Table Tennis**

Bharti Kanwar Rathore (B.Sc. (Maths) Pt. III)

**West Zone Inter University Volleyball**

Manisha Jangid (B.A. Part II)



**West Zone Inter University Boxing**

Divyanshi Shekhawat (B.A. Part III)

Ayushi Charan (B.A. Part II)

Deepika Adiwai (B.A. Part II)

Jyoti Kanwar (B.A. Part I)

**66th National Shooting Championship (Pistol Event)**

Rajshree Maniya Rathore (B.A. Part III)

**66th National Shooting Championship New Delhi (Rifle Event)**

Daulat Shaktawat (B.A. Eng. Hons. Part II)

**State Cricket Championship**

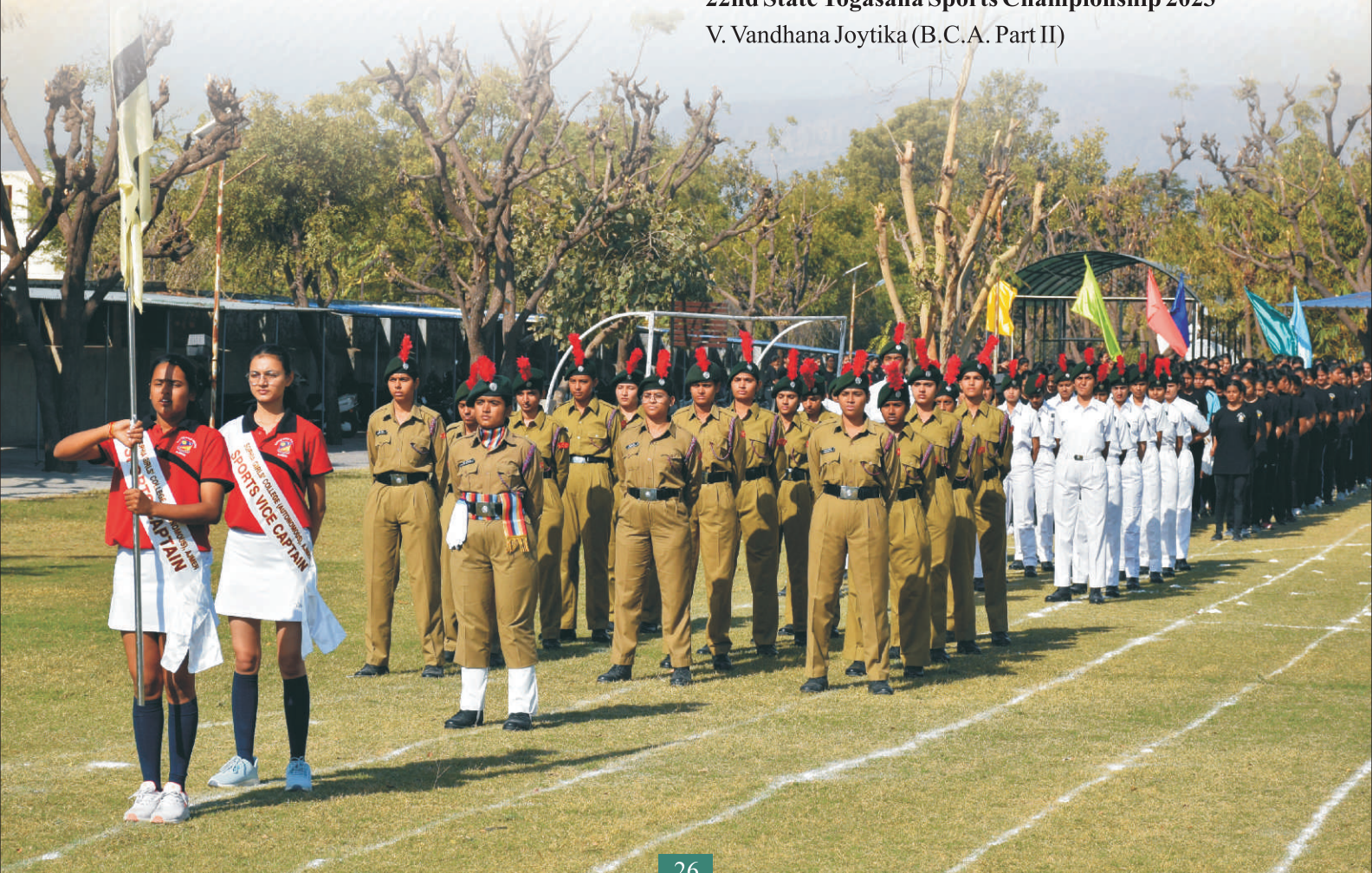
Shivani Chouhan (B.A. Part III)

**22nd State Yogasana Sports Championship 2023**

Kratika Sharma (B.A. Part II)

**22nd State Yogasana Sports Championship 2023**

V. Vandhana Joytika (B.C.A. Part II)



# NATIONAL SERVICE SCHEME

## “Motto: "Not me but you”

Aims at creating an awareness and a humanitarian attitude towards the needs of the less fortunate.

The College has 2 units of NSS, with 225 volunteers.

On completion of 240 hours of work during graduation, the volunteers get a certificate recognized by the Government of India.

The 7 day special camp is an important aspect of the scheme.

Other activities include Outreach Programs,

Three-Day Camps, Seminars, Blood Donation Camps, Awareness Programs in adopted areas, group discussions, debates and tree plantation drives.

Rallies, Nukkad Nataks and Flash Mobs are organized on the days of national importance throughout the year.

The College follows the policy of ‘Each One Teach One’ where each NSS volunteer takes the responsibility of teaching a child everyday. Nearly 200 children gather in the campus each evening from the nearby areas and villages for the same.

Volunteers also participate in the National Integration Camp each year.

The NSS team of Sophia Girls' College (Autonomous), Ajmer stood strong in the face of the Pandemic and fulfilled its commitment of serving the society by making homemade masks and giving them to the poor and the needy. Sanitizers and hand washes were also distributed within the norms of social distancing.



## Highlights of the session 2023 - 24

- "Each One Teach One" The National Service Scheme under Sophia Girls' College has adopted 10 bastis namely Ghoogra, Bunabai, and Kayad etc. The volunteers teach the children of nearby Bastis who can't afford tuition. On the 27th of July 2023, the NSS Unit organized a Plantation Drive at Bhopo ka Bada. 47 Volunteers participated in this drive.
- A group of 11 NSS volunteers celebrated Raksha Bandhan at Central Jail and Women's Jail, Ajmer on the 29th of August, 2023.
- The National Sports Day was organized on the 29th of August, 2023 under the 'Fit India Movement' of the Government of India, Ministry of Youth Affairs and Sports and 26 students participated in the same.
- On the 6th of September, 2023, a Nukkad Natak on voter's awareness was conducted by NSS Unit of the college under SVEEP Campaign and 1500 students participated in this event.
- The NSS Unit in collaboration with SVEEP, organized a Movie Screening Competition on the 8th of September 2023 to educate its members about Electronic Voting Machines (EVM) and Voter Verified Paper Audit Trail (VVPAT). 47 students took part in this activity.
- On the 11th of September, 2023, the NSS Unit in collaboration with the Department of Physical Education organized a 'Marathon' to spread awareness about voting rights and 27 students participated in this activity.
- 5 NSS volunteers represented the institution at the Pre-Republic Day Selection Camp at SPC Government College, Ajmer on the 13th of September, 2023.
- On the 16th of September, 2023, a "Literacy Drive" was organized for the underprivileged kids of Government School at Paltan Bazar, Ajmer. 49 NSS volunteers participated in this activity.
- The impactful Cleanliness Drive spanned from the 27th of September 2023 to the 2nd of October, 2023, in strong solidarity with Swachh Bharat Abhiyan. 71 NSS volunteers contributed to this drive.



- The NSS Unit organized a successful event “Meri Maati Mera Desh” on the 14th of October, 2023 to make the students aware of their voting rights. Students presented a Nukkad Natak on the topic “Voting Rights”. 27 NSS volunteers actively participated in this event.
- A ‘Blood Donation Camp’ was organized at J L N Hospital for thalassemia patients on the 14th of October, 2023. The event witnessed enthusiastic participation of 65 individuals.
- The NSS Unit organized a special event on the 1st of December 2023 celebrated as World AIDS Day to raise awareness about AIDS and show support to those affected by the disease at HIV/AIDS Centre, Kanakheri to meet AIDS patients. 27 students participated in this event.
- A ‘Medical Camp’ was organized which featured a range of medical tests, including blood pressure measurements, blood sugar screenings, and BMI assessments on the 19th of January 2023. 55 students participated in this camp.
- The NSS Unit in collaboration with Jawaharlal Nehru Hospital and Rotary Club conducted the CPR Session on the 20th of January 2024. About 400 students participated in this activity.
- A compelling talk was organized by the NSS Unit and Red Ribbon Club in collaboration with Shastri Hospital at Sophia Girls' College (Autonomous), Ajmer on the 3rd of February, 2024. The focus was on raising awareness about breast cancer, its precautions and self-detection methods. 102 students attended this session.
- The NSS wing organized an engaging road safety talk by Mr. Praveen Kumar (Traffic Inspector, Jaipur) on the 7th of February, 2024 that seamlessly combined education with humor. 115 students participated in this activity.
- The ‘3 Days NSS Camp’ was organized from the 11th - 13th of September 2023 which included activities such as Healthy Food Making Competition, an Expert talk on adulteration and Shramdaan.
- The ‘3 Days Outreach Camp’ was organized by the NSS volunteers to Mother Teresa's Destitute Home in Jodhpur for children, Women's Jail and Destitute Home for Women, Anugrah.



# NATIONAL CADET CORPS

## NCC MOTTO: "UNITY AND DISCIPLINE"

In accordance with the aims of NCC namely, character development, discipline, a secular outlook, comradeship, spirit of adventure and selfless service amongst the young citizens, Sophia Girls' College (Autonomous), Ajmer has always actively encouraged its students to become female Cadets in the NCC. Our students are inspired to venture beyond the ambits of their homes and offer dedicated service to the Nation.

The College NCC Unit functions under 5 Raj Girls Battalion, Udaipur and 2 Raj Naval Unit, Ajmer. There are 50 NCC Army Cadets under **CTO, Ms. Kumud Khatri** and 50 NCC Navy Cadets under **CTO, Ms. Pratishtha Pandey**.

### ARMY WING

- Two Cadets namely, SUO Milli Sharma and UO Jaya Shekhawat participated in the Thal Sainik Camp at New Delhi from the 15th of July, 2023 to the 24th of July, 2023.
- Four Cadets actively participated in the prestigious Thal Sainik Camp of the country from the 21st of July, 2023 to the 30th of July, 2023 at JNVU, Dabok.
- A group of 4 cadets participated in the "Ek Bharat Shreshtha Bharat Camp" organized from the 23rd of December, 2023 to the 3rd of January, 2024 at BNPG, Udaipur.
- UO Devanshi Rathore participated in the Republic Day Camp from the 30th of December, 2023 to the 8th of February, 2024 at New Delhi.
- Two Cadets from NCC Army Wing got the chance to participate in the "Ek Bharat Shreshtha Bharat Camp" organized from the 4th of January, 2024 to the 15th of January, 2024 at Haldighati, Udaipur.

### NAVY WING

- PO Cadet Aditi Hawa & LCDT Rajeshwari Rawat were selected to attend "Ek Bharat Shreshtha Bharat Camp" from the 15th of July to the 24th of July, 2023 at Hari Bhav Upadhyay Nagar, Kotra, Ajmer.
- A group of 5 Cadets attended the Sailing Expedition Camp organized from the 15th of July 2023 to the 24th of July 2023 at Hari Bhav Upadhyay Nagar, Kotra.
- PO Cadet Manisha Yadav and SCC Bhawana Kundnani were selected for the NAU SAINIK CAMP PHASE I held at Udaipur, Rajasthan from the 31st of July to the 9th of August, 2023.
- A combined Annual Training Camp was organized from the 23rd of September to the 2nd of October, 2023 at Kayad Vishram Sthali, Ajmer. A group of 25 cadets from Third Year and Second Year participated in the camp.
- PO Cadet Manisha Yadav and SCC Bhawana Kundnani were selected for the NAU SAINIK CAMP PHASE I held at Udaipur, Rajasthan from the 23rd of September to the 2nd of October, 2023.
- CDT Dawlat Shaktawat was selected for 66th National Shooting Championship Competition (NSCC) Rifle Events at New Delhi featuring Pre NSCC Coaching Camp of 10 Days from the 5th-14th of November, 2023 and 66th NSCC from the 15th of November- 4th of December, 2023.



## नई शिक्षा नीति बालिका शिक्षा के लिए लाभदायक

### सोफिया कॉलेज में राष्ट्रीय सेमिनार

कॉलेज, अजमेर

सोफिया कॉलेज में 'रिवोल्यूशन इन एजुकेशन' विषयक 2023 का राष्ट्रीय सेमिनार आयोजित किया गया। इसमें शिक्षा नीति के अंतर्गत बालिका शिक्षा के लिए 'महत्वपूर्ण' चलाया गया।

इसमें डॉ. फादर जॉन चक्रेन्द्र ने बालिका शिक्षा के अभाव में देश के विकास में उच्च शिक्षा के क्षेत्र में महत्वपूर्ण योगदान दिया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को



राष्ट्रीय सेमिनार में अतिथियों के साथ पीएचडी धारक एवं अन्य।

### छह पीएचडी धारकों का सम्मान

जून 2023 में पीएचडी करने वालों को सम्मानित करने के लिए सोफिया कॉलेज में राष्ट्रीय स्तर पर 'सोफिया अवार्ड' का आयोजन किया गया। इसमें छह पीएचडी धारकों को सम्मानित किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

### छात्राओं को दी विधिक जानकारी

राजकोष बालिकाओं को विधिक जानकारी देने के लिए सोफिया कॉलेज में 'विधिक जानकारी' कार्यक्रम आयोजित किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## अन्या टाक को वर्ल्ड इकोनॉमिक फोरम द्वारा जिनेवा-कोलोन, स्विट्जरलैंड में वैश्विक शिक्षक सम्मेलन में भाग लेने के लिए आमंत्रित किया गया



(आधुनिक राजस्थान) अजमेर। सोफिया कॉलेज की बालिका शिक्षक वर्ग को छात्र अन्या टाक को वर्ल्ड इकोनॉमिक फोरम द्वारा जिनेवा-कोलोन, स्विट्जरलैंड में वैश्विक शिक्षक सम्मेलन में भाग लेने के लिए आमंत्रित किया गया है।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## राजस्थान सेंटर फॉर एडवांस्ड टेक्नोलॉजीज (आर-कैट) के साथ एमओयू सम्पन्न

(आधुनिक राजस्थान) अजमेर। सोफिया कॉलेज (स्वायत्त), अजमेर निम्नरतनी आकादमिक उत्कृष्टता और समग्र विकास के प्रति अपनी प्रतिबद्धता के लिए जाना जाने वाले प्रमुख शैक्षणिक संस्थानों में से एक है, इसीलिए द्वारा राजस्थान सेंटर फॉर एडवांस्ड टेक्नोलॉजीज (आर-कैट) के साथ एमओयू सम्पन्न किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## शिक्षा के साथ चरित्र निर्माण भी अहम

सोफिया कॉलेज में विक्टरी समारोह आयोजित किया गया। इसमें छात्राओं को शिक्षा के साथ चरित्र निर्माण का महत्व बताया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## एमडीएसयू • इंटर कॉलेज गावन वादन, नृत्य प्रतियोगिताओं में 20 कॉलेज हए शामिल

हर प्रतिभागी को प्रस्तुति के लिए 15 मिनट मिले, मनमोहन चरनी नृत्य, वलासिकल-वेस्टर्न डांस भी

एमडीएसयू • इंटर कॉलेज गावन वादन, नृत्य प्रतियोगिताओं में 20 कॉलेज हए शामिल। इसमें छात्राओं को प्रस्तुति के लिए 15 मिनट मिले।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## नृत्यकड नाटक से दिया मतदाता जागरूकता का संदेश

विद्यार्थी मतदाता बनने की ली शायद

नृत्यकड नाटक से दिया मतदाता जागरूकता का संदेश। छात्राओं को मतदान के महत्व और मतदान करने के लिए प्रेरित किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## स्टार्टअप विकास करने पर चर्चा

सोफिया कॉलेज में स्टार्टअप विकास करने पर चर्चा। छात्राओं को स्टार्टअप शुरू करने के लिए प्रेरित किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## सोफिया गर्ल्स कॉलेज स्वायत्तशासी, अजमेर में इग्नू अध्ययन केंद्र का उद्घाटन संपन्न

(आधुनिक राजस्थान) अजमेर। सोफिया गर्ल्स कॉलेज, अजमेर में स्वायत्तशासी, अजमेर में इग्नू अध्ययन केंद्र का उद्घाटन संपन्न हुआ।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## सोफिया गर्ल्स कॉलेज में तीन दिवसीय ऑरिएंटेशन प्रोग्राम शुरु

सोफिया गर्ल्स कॉलेज में तीन दिवसीय ऑरिएंटेशन प्रोग्राम शुरु। छात्राओं को कॉलेज के विषय में जानकारी दी गई।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## अजमेर @ पत्रिका विश्व उद्यमी दिवस पर सोमवार को सोफिया कॉलेज में इन्वेंशन काउंसिल के तत्वावधान में विद्यार्थी स्टार्टअप विकसित करने पर चर्चा की गई। मुख्य वक्ता राजेश बंसल ने युवा उद्यमियों के लिए उपलब्ध विभिन्न

अजमेर @ पत्रिका विश्व उद्यमी दिवस पर सोमवार को सोफिया कॉलेज में इन्वेंशन काउंसिल के तत्वावधान में विद्यार्थी स्टार्टअप विकसित करने पर चर्चा की गई।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## चंद्रयान-3 की सफल लैंडिंग, सोफिया गर्ल्स कॉलेज में जागरूकता कार्यक्रम आयोजित

(आधुनिक राजस्थान) अजमेर। सोफिया गर्ल्स कॉलेज में चंद्रयान-3 की सफल लैंडिंग के अवसर पर जागरूकता कार्यक्रम आयोजित किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## 1998 बैच के लिए पूर्व छात्र सम्मेलन का आयोजन किया गया

(आधुनिक राजस्थान) अजमेर। सोफिया गर्ल्स कॉलेज एवं एल्युमिनी एसोसिएशन ऑफ सोफिया कॉलेज अजमेर के सहयोग से 1998 बैच के लिए पूर्व छात्र सम्मेलन का आयोजन किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## छात्राओं का कैम्पस प्लेसमेंट

सोफिया कॉलेज में छात्राओं का कैम्पस प्लेसमेंट। छात्राओं को नौकरियों के अवसरों के बारे में बताया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## नुककड़ नाटक से लक्ष्य और रोचक शिक्षा का संदेश

अजमेर @ पत्रिका सोफिया कॉलेज की राष्ट्रीय स्तर पर आयोजित एक एमओयू के अंतर्गत नुककड़ नाटक का आयोजन किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## सोफिया कॉलेज में अंतरराष्ट्रीय योग दिवस मनाया गया

(आधुनिक राजस्थान) अजमेर। सोफिया कॉलेज में अंतरराष्ट्रीय योग दिवस मनाया गया। छात्राओं को योग के फायदों के बारे में बताया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को

## अजमेर @ पत्रिका निजी कॉलेज में प्लेसमेंट ड्राइव का आयोजन कर ऑरिएंटेशन एनालिस्ट के पद के लिए 12 छात्राओं का चयन किया गया।

अजमेर @ पत्रिका निजी कॉलेज में प्लेसमेंट ड्राइव का आयोजन कर ऑरिएंटेशन एनालिस्ट के पद के लिए 12 छात्राओं का चयन किया गया।

इससे अक्सर का मत है। यह बात प्रणाली में महत्वपूर्ण बदलाव का प्रयास और शिक्षा प्रणाली को





## EDITORIAL BOARD

### Staff Editors

Prof. Sandra Lee  
Sr. Vinita  
Mr. Marcel Chaudhary  
Ms. Ayushi Yadav

### Student Editors

Ankita Kunjumon (MA Final-English)  
Sr. Melania Tynsong (English Hons. III)  
Bhavyata Bhatt (BA II)  
Neha Singh Khirwar (B.Sc. Bio II)  
Sneha Johnson (BA Eco. Hons. I)

### Published By

Prof. Sr. Pearl  
Principal,  
Sophia Girls' College (Autonomous), Ajmer

### Printed By:

Job Offset Printers, Ajmer,  
Mob: 9587838877